



Simply put, Christians are people who follow Jesus. Christians are to follow Jesus in every category of living: emotionally, mentally, physically, relationally, educational, vocationally, etc. This means that as we go through life we seek to submit to how Jesus would want us to conduct ourselves in each of these areas. Although we live in modern times we are still to hold to the ancient pattern that Jesus gave us in how He lived life.

Is this some new insight or teaching? No. Today we will consider how Jesus has been and is the pattern that Christians follow. We follow Jesus.

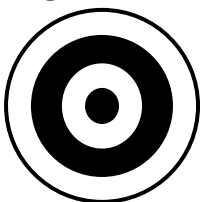
Hebrews 12:1 Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, 2 looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. 3 Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted.

I. Who you _____ - v.1a

II. _____ you run - v.1b

III. What you _____ on - vv.2-3

Target Practice: Use this resource to dig deeper in your personal or family devotions during the week.



How does it make you feel to realize that thousands, if not millions, of people have lived a life of dependency on Jesus Christ before you?

Discuss how little distrust (sin) leads to bigger distrust (sin) in life. Can you cite some examples?

How does following Jesus help you in practical ways to lead a God-centered life?

How does the following of Jesus transcend daily life-issues to encompass all of eternity-future?