



the long night

When Life Seems Hopeless

Self-Awareness – v.1

**O Lord, my heart is not
lifted up; my eyes are not
raised too high; I do not
occupy myself with things
too great and too
marvelous for me.**

the **long** night

Pursuing Peace – v.2

**But I have calmed and
quieted my soul, like a
weaned child with its
mother; like a weaned child
is my soul within me**

the **long** night

The Refuge of Hope – v.3

O Israel, hope in the Lord
from this time forth and
forevermore.

the long night

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