



Do you think that distress is a normal part of a Christian's life? If so, should Christians really have to experience distress? Today we will be looking at Psalm 120 and find the answer to these questions. We will also see how we should respond to distress. Take a moment to ask yourself "How do I typically respond to distress?"

## **Perseverance in Distress**

*Psalm 120*

In this life we will have distress.

Call out to God because He will answer.

Keep living for God.