



If religion were something you could buy at a grocery store, you would want a religion that would be effective in dealing with both heartache in life and hope for life. In Psalm 130, we will find the author moving through both pain and his source of hope. It is through this passage, we find insight for living ourselves.

Heartache & Hope

Psalm 130

I. A _____ – vv. 1-2

II. A _____ condition – vv. 3-4

III. An eager _____ – vv. 5-6

IV. A _____ – vv. 7-8