



Our lives were created to live in rhythm, a rhythm that began during creation. God created daytime and nighttime and designs our week with 6 days to work and 1-day intended for rest. God does all of this within 7 days and thereby creates a complete week - a rhythm all people live within today. This morning we will consider another rhythm of life that is designed for followers of Jesus to be the drumbeat for living today.

Rhythm of Life

Psalm 134

I. What they did: _____ vv. 1-2

A. Who? _____

B. When? _____

C. Where? _____

D. How? _____

II. What they received: _____ v. 3